

Member Assistance Program

FREE & CONFIDENTIAL SERVICES | 24/7 ACCESS

MAP RESOURCES

- Anxiety and Depression
- Couples/Relationships/Parenting
- Crisis Support
- Alcohol/Drug Problems
- Grief and Loss
- Work Conflict
- Compulsive Behaviors
- Domestic Violence
- Legal
- Financial
- Child and Eldercare
- Home Ownership
- ID Theft
- And many more...

Eligible members and retirees, spouse and children to age 26 are covered.

(800) 777-4114



 **First Choice Health**[®]

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