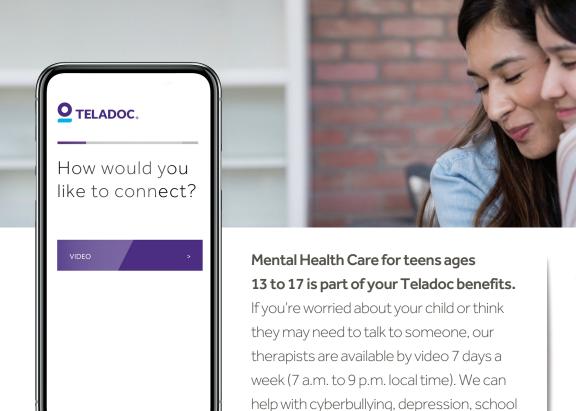




Whatever your teen is facing, we can help.

Schedule a therapist visit by video.



and more.

Why use Mental Health Care for teens?

- Confidential treatment with your supervision
- Can speak with a therapist from home
- Flexible scheduling
- Quick access to the right provider you feel is best

Teladoc doesn't offer a crisis hotline. Appointments must be scheduled.

Mental Health Care for teens is available for eligible dependents age 13-17.

Supervised therapy for the teen in your life

Call 1-855-TELADOC (835-2362) | Visit Teladoc.com/Aetna Download the app



stress, family challenges, eating disorders

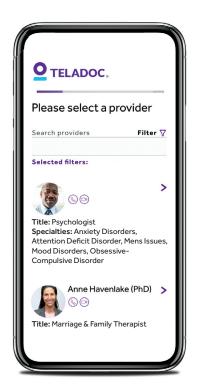






Mental Health for teens How to schedule a visit

- Set up a Teladoc account by web or app or log in to your account if you're already registered, then add your teen as a dependent.
- Download and print the consent form and the intake form. The completed forms must be uploaded before a mental health visit can be scheduled for the teen.
- Select the therapist of your choosing for your teen.
- Request a time for the appointment and receive confirmation.



Important reminders for parents/guardians:

- One parent/quardian must be present at the beginning and end of each visit.
- Both parents must print, sign and upload the consent form by web or app..
- One parent will need to complete an intake form/questionnaire for the teen. (It takes about 10 minutes to complete).

We're here to help. Schedule today.

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